



Atlanta Monthly Systems-Centered® Training Day

One Friday a month 12:15 – 5:30

This training day includes theory, leadership practicum, group work practicum and consultation.

THEORY GROUP explores the theoretical foundations of a theory of living human systems, and its basic constructs of hierarchy and isomorphy as they are operationalized in systems-centered practice.

LEADERSHIP PRACTICUM provides an opportunity to practice applying SCT.

GROUP WORK PRACTICUM Participants work as a member of an experiential training group using the group process as the basis for learning the method and techniques of systems-centered practice. Taking up group membership involves learning boundarying, subgrouping, vectoring and conceptualizing in the phases of group development.

CONSULTATION GROUP This group focuses on specific applications that members are making of the SCT methods in working with individuals, couples, groups and organizations and on learning to apply the methods and techniques of systems-centered practice in one's work context.

The objectives of this training are as follows:

- To learn to use functional subgrouping to recognize and integrate differences instead of ignoring or scapegoating them.
- To learn the "fork-in-the-road" technique which encourages patients to explore their impulses, emotions and conflicts instead of acting them out or explaining them away.
- To work with a specific sequence of defense modifications that reduce the restraints to therapeutic change and automatically release the drive towards survival, development and transformation of all living human systems (the person, member, subgroup and group-as-a-whole).

Dates - 2009: Jan. 9, Mar. 6, Apr. 3, May 1, June 12, July 24, Oct. 2, Nov. 6, Dec. 4

Where: 18 Lenox Pointe, NE, Suite A, Atlanta, GA 30324

Fees:

Register for the full day of training or training in blocks:

Full day training	12:15 – 5:30 pm	
SCTRI Member	\$150	Non-Member \$175

OR in blocks:

(add \$10 per block for Non-Member)

Theory and Leadership (alternating months)	12:15 – 1:15	\$45
Consultation	1:20 – 2:20	\$45
Group Practicum & Training Group with Review	2:40 – 4:50	\$80

Susan P. Gantt, Ph.D., CGP, ABPP, FAGPA, FAPA, is a psychologist in private practice in Atlanta. She is the Director of the Systems-Centered Training & Research Institute and an Assistant Professor in Psychiatry at Emory University School of Medicine where she coordinates group psychotherapy training. She is the co-author, with Yvonne Agazarian, of *Autobiography of a Theory*, *SCT in Action* and *SCT in Clinical Practice*. She consults to organizations and is a trainer, supervisor and conference director in systems-centered training in the United States and Europe.

This course meets the qualifications for continuing education credit for MFCC's and/or LCSW's as required by the California Board of Behavioral Sciences (Susan P. Gantt, Ph.D., Provider #1399). The Systems-Centered® Training and Research Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. SCTRI maintains responsibility for this program and its content.

To register or for further information, contact Susan Gantt (404) 261-5559 x1 or sgantt@systemscentered.com

Visit our website at www.systemscentered.com for information on this and other training events.